

Unit – Empowering Young Women

Learning Outcomes <i>The learner will</i>	Assessment Criteria <i>The learner can</i>
1. Understand what sexism is and the different forms it can take	1.1 Identify different forms of sexism
2. Understand the impact of sexism on themselves, the young women they work with and society in general	2.1 Discuss the impact of sexism on themselves, the young women they work with and society in general
3. Understand the purpose of single gender work	3.1 Articulate the need for single gender work with girls and young women with young people and colleagues.
4. Gain knowledge of the history of women’s movements nationally and internationally	4.1 Demonstrate how they use their knowledge of the history of women’s movements nationally and internationally in their work
5. Gain knowledge of the issues facing women nationally and internationally	5.1 Demonstrate how they use their knowledge of the issues facing women nationally and internationally in their work
6. Understand how other forms of oppression e.g. homophobia, racism and class discrimination effect girls and young women	6.1 Demonstrate how their understanding of different forms of oppression informs their practice with girls and young women
7. Be able to challenge sexism in a constructive way	7.1 Demonstrate through examples from practice how they challenge sexism in their work
8. Be able to plan and deliver work which raises awareness of the effects of sexism on girls and young women	8.1 Demonstrate through examples from practice how they plan and deliver work which raises awareness of the effects of sexism on girls and young women

9. Be able to plan and deliver work which raises the aspirations of girls and young women	9.1 Demonstrate through examples from practice how they plan and deliver work which raises the aspirations of girls and young women
10. Be able to identify and use resources suitable for their work	10.1 Demonstrate through examples from practice how they identify and use resources suitable for their work

RECOMMENDED CONTENT

- Gender inequalities within society
- Sexism and the different forms it can take
- The impact of sexism on girls, women and society as a whole
- The purpose of single gender youth work with girls and young women
- Creating a welcoming environment for girls and young women
- Key points in the history of women’s movements nationally and internationally
- How different forms of oppression and discrimination effect women differently to men, e.g. racism, disablism, homophobia
- Challenging sexism in an effective way
- Raising awareness of sexism
- Raising young women’s aspirations
- Barriers and enablers to young women achieving their potential
- Resources for work with girls and young women